

BREAST CANCER SCREENING SAVES LIVES

98% of breast cancer patients survive when diagnosed early

85% breast cancers occur in women with NO family history

2nd leading cause of cancer death in women

Starting at age, **40** women should talk to their doctor about when to start mammograms

RISK FACTORS

Gender

Age

Family

Ethnicity

Genetics

Dr's recommendations:



- * Maintain a Healthy Weight
- * Limit Alcohol
- * Do not Smoke
- * Eat Fruit, Veggies & Whole Grains
- * Exercise 30 min a day

